

KANTO				JOHTO							
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Gengar Cursed Body Life Orb Timid Protect Shadow Ball Sludge Bomb Will-O-Wisp	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Gyarados Intimidate Waterium-Z Jolly Waterfall Dragon Dance Protect Earthquake	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Dragonite Multiscale Weakness Policy Naïve Hurricane Extremespeed Draco Meteor Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Azumarill Huge Power Assault Vest Adamant Play Rough Waterfall Aqua Jet Superpower	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Hitmontop Intimidate Figy Berry Adamant Fake Out Close Combat Rock Slide Helping Hand	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Tyranitar Sand Stream Choice Scarf Naïve Rock Slide Crunch Ice Beam Flamethrower
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Aerodactyl Unnerve Focus Sash Jolly Tailwind Sky Drop Rock Slide Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Snorlax Gluttony Figy Berry Adamant Belly Drum High Horsepower Body Slam Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Machop No Guard Choice Scarf Adamant Dynamicpunch Stone Edge Knock Off Ice Punch	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Scizor Technician Life Orb Adamant Bullet Punch X-Scissor Protect Night Slash	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Porygon2 Trace Eviolite Bold Ice Beam Thunderbolt Recover Tri Attack	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Espeon Magic Bounce Psychium-Z Calm Helping Hand Psychic Trick Room Dazzling Gleam
HOENN				SINNOH							
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Ludicolo Swift Swim Assault Vest Modest Fake Out Scald Giga Drain Ice Beam	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Hariyama Guts Flame Orb Adamant Whirlwind Knock Off Close Combat Helping Hand	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Salamence Intimidate Draconium-Z Timid Protect Hydro Pump Draco Meteor Flamethrower	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Togekiss Serene Grace Choice Scarf Timid Air Slash Aura Sphere After You Ancient Power	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Garchomp Rough Skin Rocky Helmet Adamant Dragon Claw Earthquake Rock Slide Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Rotom-W Levitate Choice Specs Modest Trick Volt Switch Discharge Hydro Pump
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Metagross Clear Body Steelium-Z Adamant Meteor Mash Zen Headbutt Protect Earthquake	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Sableye Prankster Lagging Tail Bold Trick Will-O-Wisp Foul Play Rain Dance	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Gardevoir Telepathy Wiki Berry Calm Dazzling Gleam Psychic Encore Heal Pulse	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Bronzong Levitate Light Clay Sassy Sandstorm Extrasensory Light Screen Reflect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Mamoswine Thick Fat Choice Band Adamant Earthquake Rock Slide Iceicle Crash Iceicle Spear	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Lucario Steadfast Fightinium-Z Jolly Feint Protect Close Combat Bullet Punch
UNOVA				KALOS							
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Scrafty Shed Skin Life Orb Impish Power-Up Punch Drain Punch Snarl Rest	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Amoonguss Regenerator Black Sludge Calm Giga Drain Rage Powder Spore Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Volcarona Flame Body Focus Sash Timid Fiery Dance Bug Buzz Protect Quiver Dance	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Talonflame Gale Wings Life Orb Adamant Brave Bird Flare Blitz Protect Roost	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Sylveon Pixilate Leftovers Modest Hyper Voice Shadow Ball Calm Mind Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Aegislash Stance Change Ghostinium-Z Quiet Wide Guard Kings Shield Shadow Ball Flash Cannon
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Hydreigon Levitate Choice Specs Timid Dragon Pulse Flamethrower Focus Blast Flash Cannon	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Excadrill Sand Rush Groundinium-Z Adamant Earthquake Rock Slide Shadow Claw Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Vanilluxe Snow Warning Choice Scarf Modest Icy Wind Blizzard Freeze Dry Flash Cannon	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Goodra Goopy Harvest Rocky Helmet Modest Thunderbolt Muddy Water Dragon Pulse Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Trevenant Harvest Chesto Berry Impish Phantom Force Horn Leech Leech Seed Rest	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Greninja Protean Kings Rock Jolly Water Shuriken Fling Rock Slide Shadow Sneak
ALOLA											
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Araquanid Water Bubble Waterium-Z Adamant Liquidation Leech Life Substitute Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Oranguru Inner Focus Mental Herb Sassy Psychic Instruct Trick Room Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Muk-A Gluttony Figy Berry Adamant Poison Jab Knock Off Curse Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Marowak-A Lightning Rod Thick Club Brave Flare Blitz Shadow Bone Bonemerang Protect				
Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Ninetales-A Snow Warning Focus Sash Timid Blizzard Freeze Dry Aurora Veil Protect	Pokémon Ability Item Nature Move 1 Move 2 Move 3 Move 4	Raichu-A Surge Surfer Psychium Z Timid Fake Out Psychic Thunderbolt Feint								



