

Professor Cup Online: Winter Formats – January 2025

TCG Format	
“Holiday Gift”	
Round Time	45 Minutes
Match Format	Single Game
Deck Lists	Required (open deck lists)
Deck Building Restrictions	<i>Gym Leader Challenge Format</i> Only one Pokémon type may be used in the deck and only one copy of named Pokémon, Trainers, and Special Energies may be used.
Legal Regulation Marks	F onwards
Legal Rarities	All
Maximum qty of cards with same name	1 (excl. Basic Energy)
Banned Cards	All Pokémon with a Rule Box, all Ace Specs.

VG Format	
“Holiday Vacation”	
Round Time	In-game timer
Match Format	Best of three
Ruleset	Regulation Set H
Battle Format	Double Battle (4v4)
Rental Teams	Permitted
Team Lists	Required (open team lists)
Team Building Restrictions	Players choose one: <i>Cozy Indoors</i> , <i>Fresh Outdoors</i> , or <i>Fancy Vacation</i> If you choose <i>Cozy Indoors</i> , your team may only contain Steel, Water, Fighting, Flying,

	<p>Normal, and Psychic Pokémon.</p> <p>If you choose Fresh Outdoors, your team may only contain Fairy, Grass, Poison, Rock, Ground, and Ice Pokémon.</p> <p>If you choose Fancy Vacation, your team may only contain Dragon, Fire, Dark, Bug, Ghost, and Electric Pokémon.</p>
Banned Pokémon	None (subject to change)

GO Format	
“Winter Chill”	
Round Time	In-game timer
Match Format	Best of five
Ruleset	Great League; bring 6/pick 3
Battle Format	Only Pokémon with the following types may be used: Dark, Fairy, Ghost, Grass, Ice, Normal, Psychic, and Water
Team Lists	Required (open team lists)
Banned Pokémon	Shadow Pokémon, Secondary Pokémon Types: Fire and Steel, Toxapex, Wigglytuff, Carbink, and Diggersby